



Documented Procedure

TITLE: Criterion to transfer the patient from the recovery area
DOCUMENT NO: <i>SOP/CRH/COP/CTPRA/25</i>
REVISION NO: <i>00</i>
REVISION DATE: <i>00</i>
VERSION NO. <i>01</i>
ISSUE/EFFECTIVE DATE: <i>03/12/2019</i>
PAGE NO: <i>01 to 04</i>
DOCUMENT CONTROL STATUS: <i>Master copy</i>

1. Abbreviations and Definition

1.1 Abbreviation:

1.2 Definition:

- Appropriate criteria to ascertain that the patient is in a right physiological condition and it is safe to shift him/her to post-operative unit, ward/room.

2. Expected Outcome:

- The patients will be safely shifted to the post-operative unit, ward/room following recovery from anaesthesia

3. Objectives:

- To ensure that the patient is in a right physiological condition and it is safe to shift him/her to ward/room from the recovery
- To apply appropriate criteria (Modified Aldrete) to assess the patient's condition in the recovery room.

4. Scope:

Application of appropriate criteria (Modified Aldrete) to assess the patient's condition following anaesthesia to ascertain safe transfer of patient.

5. Process:

The process is carried out following Modified Aldrete method to score these criteria and base the decision on total score.

MASTER

Prepared by: <i>Dr Neena</i>	OFFICiating HOD <i>Dept. of Anaesthesiology</i>	Reviewed by: <i>Dr. Chetan Bell</i>	Approved by: <i>V.P.T 3/12/19</i>	DP:
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Sl no:	Criteria
1.	Consciousness level – Ability of patient to respond to verbal instructions and answer the questions. Patient should be oriented to their surroundings. They should be able to cough, when asked.
2.	Activity – The patient should be able to move all limbs on instructions. All possible movements should be achieved (except the limitations due to bandages, or surgical interventions).
3.	Respiration – The patient should have 10-20 breathes per minutes (in adults), with no extra effort. Higher rate of breathing is required in children (up-to 40, depending upon the age). The SpO2 level must be more than 95%. The gas exchange must be adequate as assessed clinically or in some patients through a arterial line blood gas sampling
4.	Circulation – Adequate perfusion of all the organs, measured through BP level, urine output, heart rate and clinical examination of skin, hands and feet. The BP should be within 10-20% of his/her pre-operative baseline BP level. Heart rate should be 60-90 beats per minute and urine output at 0.5-1.0ml per kilogram of bodyweight per hour.
5.	Pain – Pain should be in control and up-to the level that doesn't affects patient's comfort. A simple pain assessment scale must be used for this purpose. The patients must be able to take a deep breath or cough without any pain in chest region
6.	Surgical bleeding – The bleeding from surgical site should be within expected limit and change of dressing should not be required. Continuous bleeding may lead to fluid imbalance.
7.	Nausea and Vomiting – Patient should not have any retching or vomiting or feeling of nausea.

POST ANAESTHESIA RECOVERY SCORE (MODIFIED ALDRETE)			
Patient's name: _____		UID: _____	
Age: _____	Gender: _____	Department: _____	
Type of Anaesthesia: _____		Surgery: _____	
Date and time of Anaesthesia: _____			
SCORING (Date of scoring _____ ; Time _____)			

Prepared by: <i>Dr. M. J. Rayamajhi</i>	Reviewed by: <i>Dhruvika Chell</i>	Approved by: <i>Dr. M. J. Rayamajhi</i>	DP: _____
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Criteria	Scores	Patient's score	Remark
Activity	2 = Able to move all 4 limbs 1 = Able to move any two limbs only 0 = Unable to move any limb		
Respiration	2 = Able to breathe deeply and cough freely 1 = Dyspnoea or limited breathing 0 = Apnoeic or unable to breathe		
Circulation	2 = BP +/- 20% of pre-anaesthetic level 1 = BP +/- 20%-49% of pre-anaesthetic level 0 = BP +/- >50% of pre-anaesthetic level		
Consciousness	2 = Fully awake 1 = Arousable on calling 0 = Not responding		
O2 saturation	2 = Able to maintain SpO2 >92% on room Air 1 = Needs supplementary O2 to maintain SpO2 >90% 0 = SpO2 <90% despite supplementary O2		
Pain	2 = Minimal to no pain, controllable with oral analgesics 1 = Presence of pain despite analgesic		
Surgical Bleeding	2 = Minimal/Does not require dressing change 1 = Moderate/Up to two dressing changes required 0 = Severe/More than three dressing changes required		
Nausea and Vomiting	2 = None to minimal 1 = Moderate 0 = Severe		
Total score of patient			

Interpretation of score: Patient with score of 9 or higher can be considered for shifting out of recovery area

<i>[Signature]</i>	<i>Quality Cell</i>	<i>12/12/19</i>	DP:
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Recommendation:

Assessment and scoring done by;

Name: _____ Designation: _____
Signature: _____ Date: _____ Time: _____

Responsibilities: Anaesthesiologist

Records:

- Modified Aldrete form

<i>Dr. Neeraj</i>	<i>One Day Cell</i>	<i>1st Dec 19.</i>	DP:
Prepared by:	Reviewed by:	Approved by:	

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